

## Interconnected: Why Native Insects Depend on Native Landscapes

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**Alonso Abugattas**, Natural Resources Manager for the Department of Parks and Recreation of Arlington, Virginia, was the featured speaker at All Hallows Guild's Annual Meeting in November. Mr. Abugattas helped us understand how important even small native landscapes and gardens can be.

***Native plants attract and feed and provide shelter for native pollinators, since both have evolved together in a geographic area.***

In the natural world, everything is connected, and realizing this gives us all the power on a small scale to enhance the natural world. This excerpt from Mr. Abugattas's presentation shows you the amazing ability of plant species to support countless pollinators and other helpful insects - indeed, **Nature's Puzzle** pieces fitting together.

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In this current time of anxiety about Covid-19, social distancing, and self-quarantine, many of us may seek solace in the natural world. Using the suggestions for native species in the tables below for planting our gardens can help both our own mental health and our environment at the same time.

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